Registered Charity No: 1194395

Shifnal Help Food Bank

Tel: 07562 384965

email: shifnalhelpfoodbank@shifnalbenefice.org.uk

Supporting our community

If you would like to donate to the food bank - here is a handy shopping list. Could you perhaps add a couple of items to your shopping?

Tinned fish

Tinned Meat - Ham, Corned Beef, Spam

Tinned ready meals - Chilli, meatballs, minced beef, stewed steak, curry etc

Tinned Fruit

Longlife Desserts

Tinned Kidney Beans

Tinned Sweetcorn

Tinned Peas

Tinned Tomatoes

Tinned spaghetti hoops

Casserole Mixes

Hotdogs

Packets mashed potato

Biscuits/Crackers

Breakfast Cereal

Jam/Marmalade

Squash

Tea bags

Small jars coffee

Hot Chocolate

Longlife fruit juice

Longlife Milk

Tinned custard/rice pudding

Pasta

Pasta Sauce

Rice

Shampoo

Conditioner

Deodorant

Shower Gel

Toilet Rolls

Washing up liquid

Washing powder/pods

Tissues

Please donate dried and non-perishable items for the foodbank at Bradford Street Co-Op, Woods' Drycleaners or at St Andrew's Church. Thank you.